

Happy April Resident Birthday

Roberta D 4/5
Marie R 4/6
Marcy O 4/27
Mary S 4/27



Join us for our Monthly Birthday
Celebration on Thursday,
April 16th at 3 pm in Sandee's.
Cake for EVERYONE!



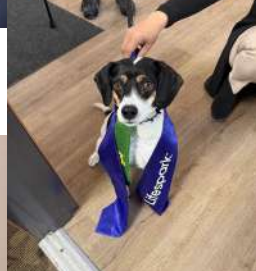
Our FREE table will be out on
Friday, March 27th at 10:45.
Please feel free to put your
gently used items on it for
others! We'll remove the table
on Monday, March 30th

Employee Anniversaries

Caleb B 4/5 9 years
Makayla B 4/22 1 year
Jared AV 4/24 3 years
Keona B 4/25 3 years
Gloria R 4/27 9 years

Employee Birthdays

Jeff O 4/17
Simone JG 4/19
Aida J 4/19



April Outings

TARGET
Friday, April 10th 10 am

CUB
Tuesday, April 28th 2 pm

**Please sign up early as
space is limited!**

Fun at Landmark



Age Magnificently



Landmark Ledger

April 2026

Twins' Opener Friday, April. 3rd

Join us as we celebrate Opening Day for the Minnesota Twins!
Residents are invited to wear their Twins gear and enjoy a fun-filled
watch party with classic ballpark snacks.

We'll add to the excitement with simple games like "Guess the Score"
game, Twins' Trivia, and a friendly "Best Dressed Fan" contest.

It's a wonderful opportunity to come together, share some laughs, and
celebrate the start of a new season. We look forward to sharing the
cheering on the Minnesota Twins together-it's sure to be a home run!

6490 Central Avenue NE-Fridley, MN 55432 763-571-7355

Reflections from our Executive Director

Dear Residents, Families, and Friends,

As the first signs of spring begin to appear, I'm reminded how meaningful the everyday moments in our community truly are—morning light in the dining room, neighbors sharing stories, and the quiet comfort of familiar faces. These simple connections are what make our community so special.

As we welcome the new season, I look forward to many more moments together filled with warmth, laughter, and friendship.

Warm regards
Ranya Abueid
Executive Director



Friday, April 3rd

Easter Egg Hunt

Hop on over for some egg-stra fun at our Easter Egg Hunt! 🐰
We'll have colorful eggs filled with sweet surprises hidden in easy-to-find spots throughout the community. Enjoy the fun of the hunt with plenty of springtime smiles—no bunny left behind!

***We'll have one for our wonderful staff as well
More details on that to follow!***

Our New Chaplain Kate Kennedy



Kate Kennedy is a chaplain at Lifespark and is currently working toward becoming board-certified in chaplaincy. She holds a Master of Divinity from Wartburg Theological Seminary and a BA from St. Olaf College. As an interfaith chaplain, Kate is passionate about offering compassionate, down-to-earth spiritual care to people of all backgrounds, walking alongside them through life's harder moments, especially grief, anxiety, and big transitions. She cares deeply about creating space where people can be honest, messy, and fully themselves.

She lives in St. Paul with her fiancé, Shaun, her kids Ivy Mae (17) and Magnus (10), her dog Jessica Fetcher, and her cat Penny Dreadful. When she's not working, you can usually find her reading mysteries, exercising, enjoying theater, or perfecting the fine art of napping.



My name is Saadiqa, and I'm excited to be joining as the Culinary Director. I have a strong background in kitchen operations, food safety, and team leadership, and I'm passionate about making sure our residents receive meals that are both high-quality, consistent, and enjoyable.

I truly value creating a warm and welcoming dining experience, and I look forward to getting to know everyone, building strong relationships, and working together to continue making our dining program the best it can be.



Our New Culinary Director Saadiqa Abdullah



New Hairstylist Sophie

Sophie is here on WEDNESDAYS.
Phone: 763-443-2307
Sophieshomehaircare@yahoo.com