



Happy March Birthday



Vera A 03/09
Ardis H 03/14
Jeri M 03/28

Join us for our Monthly Birthday Celebration on Thursday, March 19th at 3 pm in Sandee's. Cake for EVERYONE!

Employee Birthdays

Taniya W 3/05
Deja 3/18
Alicia C 3/24
Fefe W 3/25

March Outings

Dollar Store
Friday, March. 6th 10 am

Aldi
Monday, March 16th 2 pm

Dairy Queen
Monday, March 30th 11 am

Employee Anniversaries

Darline B 3/20
Yanni A 3/27
Milcart 3/27

Valentine's Day at Landmark



Age Magnificently



Landmark Ledger

March 2026

Every time you dress up, you'll be entered into a drawing for a prize!

Get Ready for SPIRIT WEEK!

We're adding a splash of color and a whole lot of FUN to our week!

Monday - St. Urho's Day

Break out the purple and green and help us kick off the celebration in bold style!

Tuesday - St. Patrick's Day

Wear your green and get ready for a little extra luck and lots of smiles!

Wednesday - Rainbow Day

The brighter the better! Mix, match, and shine in all the colors of the rainbow.

Thursday - Crazy Hat Day

Tall, sparkly, silly, or outrageous — if it makes us laugh, it's perfect!

Friday - Comfy Friday

Cozy sweaters, soft shirts, slippers (if safe!) — comfort is the name of the game.

Let's see that community spirit all week long! We can't wait to celebrate together!

6490 Central Avenue NE-Fridley, MN 55432 763-571-7355

Notes from our Executive Director

Dear Residents, Families, and Friends,

As we welcome March and the promise of spring, I'm reminded that what truly makes our community special is the people within it. The friendships, shared laughter, family visits, and everyday moments of kindness are what turn this into more than a place to live – it's a place to belong.

We're especially looking forward to Spirit Week this month. From festive colors to silly hats and comfy favorites, it's a wonderful opportunity for us to come together, have fun, and celebrate the joy of community.

Thank you for the warmth and positivity you bring each day. We are so grateful to share this season with you. My door is always open!

Warm regards
Ranya Abueid
Executive Director



"A quiet conscience makes one strong!" – Anne Frank
One of the three components of resilience, according to the Spark Model, is strength. Often, we think of strength as being big, loud, and commanding. Sometimes it is! And other times, strength is found in the quiet people and places, in doing the right thing day after day. Strength is seen in persistence when facing challenges and in perseverance through troubling times. Throughout our lives, as we collect experiences and come to understand the world in bigger, broader ways, we develop strength of conscience. In elderhood, we have the unique benefit of a lifetime of building this strength. May we seek opportunities to share this strength by building community, encouraging others, and choosing to do the right thing with each new day.

Sincerely,
Chaplain Kent



Our FREE table will be out on Friday, February 27th at 10:45. Please feel free to put your gently used items on it for others! We'll remove the table on Monday, March 2nd.

An afternoon coffee break is the perfect moment to relax and recharge. Join Jorge for this special time!
Wednesday, March 11th at 2 pm
Mississippi Room

Our Management Team



Brendan Yang
Business Office
Manager



Becky Soule
Director of Health
Services



Kristi
Asst. Director of
Health Services



Patti DuFresne
Marketing Director



Cliff Johnson
Maintenance
Director



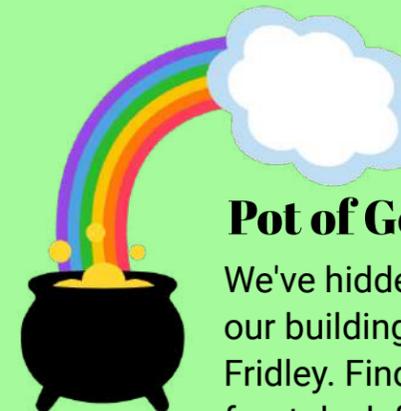
Emily Berthiaume
Memory Care
Coordinator



George Trawick
Culinary Director



Tracy Ochsner
Community Life
Director



Pot of Gold Scavenger Hunt

We've hidden 6 pots of Gold around our building here at Landmark of Fridley. Find one and bring it to the front desk for a prize!

