

Hi Neighbors,

August is full of wonderful activities, hopefully our rainy days are behind us, this month more activities will be held outside.

Starting in August, every first and third Saturday a gentleman name Olufemi will be coming in to lead a church service for Landmark at 2PM. We are very excited for him to volunteer his time, I think you all will enjoy these services with him!

The OWLS are still looking for more teammates. Come participate with us in our new season of Grip Games. It is on Tuesdays at 12:30PM now held in the Wellness Room on first floor. This is a time to compete against other communities and have fun with your neighbors. We look forward to spending time with you!

August is a month of competition, you will be seeing more competitive games on the calendar this month. Some including competing against OTHER communities. Come represent Landmark at these events.

I am very excited to announce the coin jar raised \$51.73 for the Walk to End Alzheimers! Thanks to everyone who donated their spare change. It was sent in to the Alzheimers Association as a donation from the Landmark Residents.

Jessey Marquez
Community Life Director

Special Events

- 8/2 First Prayer with Olufemi -2PM CH
- 8/5 Owls Grip games -12:30PM WR
- 8/6 Rootbeer Float Social -12:30PM L
- 8/6 Lifespark Spelling bee -2PM DR
- 8/6 Singalong with Jan -3PM MC
- 8/7 Canasta -12:30PM S
- 8/8 Karaoke Night -5:30PM DR
- 8/11 Scrabble competition -2:30PM S
- 8/12 Hyvee outing -1:45PM L
- 8/14 Live Music: Tim Patrick -1PM DR
- 8/20 Resident Council -1PM CH
- 8/20 Movie Matinee -2:30PM MR
- 8/22 BINGO w/Jorge -2PM DR
- 8/26 S'Mores Night -5:30PM L
- 8/27 Petting Zoo -1PM L
- 8/28 Family Feud V Urbana -1PM DR
- 8/28 Birthdsy Party -3PM DR
- 8/29 Live Music: Wes Miller -3PM DR

All Outings on the calendar require sign up beforehand. Sign up sheets can be found at front desk.

Remembering our Neighbors



Pete A.

Though they are no longer with us, those we have lost never truly leave. Their friendship and memory stays with us.



The Landmark
of Fridley
A Lifespark Community

Age Magnificently



Our Community Newsletter

Discover what's going on in our community.

Resident Birthdays

- *Pat P. 8/1*
- *Patty K. 8/3*
- *Ron S. 8/7*
- *Julie W. 8/9*
- *Marge W. 8/10*
- *Diane K. 8/16*
- *Ramona W. 8/18*
- *Dave A. 8/19*
- *Pearl P. 8/21*

Staff Birthdays

- *Ranya A. 8/7*
- *Emily B. 8/11*
- *Nataria W. 8/14*

Move in Anniversary

- *Millie B. -1 Year*
- *Gerri C. -1 Year*
- *Jo G. -7 Years*
- *Mag T -4 Years*

Executive Director

Summer is in full swing, and our community is buzzing with energy! August brings sunshine, laughter, and more opportunities to connect—whether it’s enjoying a popsicle on the patio, joining a group activity, or sharing stories with friends.
I’m so proud of the joyful spirit you all bring every day and thankful I get to spend these many moments with you all.
Let’s make the most of this beautiful month together!

Ranya Abueid
Executive Director

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Business Office

We’ve attached clips to the doors of apartments that were missing them. These clips will be used to hang important notices and invoices going forward. If you have any trouble receiving notices or invoices, please don’t hesitate to reach out.

Brendan Yang
Business Office

Nursing Office

Falls, yes, we need to talk about falls again. As many of you know I fell off the side of my stairs outside and fractured my wrist., 5 weeks in a splint. Anyone can fall even when careful.
The warmer months we enjoy walking outside. There are many fall risks outdoors. Being aware of where you are walking could prevent a fall.
Falling outdoors is very common—as many as one-third of older adults fall outside at least once a year. Many of those adults fall more than once.
Outdoor falls occur for many reasons, like uneven walking surfaces, fall hazards like curbs or clutter, poor lighting outside, or inclement weather.
Take your time when walking; sidewalks often are uneven or have cracks that cause walkers to tip, or shoes to hit which cause us to stumble and fall. Grass has dips and holes that are not seen. Rain makes everything slippery.

Your nursing team
Best Regards,
Becky Soule
Director of Nursing

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Marketing Department

Dear Residents,

I'm grateful to work in your home—where comfort and community shine. At Landmark of Fridley, we celebrate your story and create new memories together. Whether you're new or have been apart of the family for years, you're truly valued.
Our team is here to bring joy, purpose, and peace of mind through engaging activities and compassionate care. Thank you for making this place so special.

Refer a friend who moves in and receive a special thank-you gift through our Resident Referral Program. Let’s keep growing—with more amazing people like you.

Gracious
David O'Brian
Director of Marketing

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Maintenance Department

For any other concers, please do not stop me in the hall to notify me, let Jorge know at the front desk and he will put in a work order. This allows maintenance requests to be filled in a more streamline fashion.

Troy Sufka
Maintenance Depatment

House Keeping

If you have any cleaning needs please inform front desk immediately so we can make arrangements and address them. Our top Priority remains the health and safety of our residents. We heard there are some concerns about the first and second floor bathrooms needing to be cleaned more often, we will do our best to accomidate checking the bathrooms and cleaning as needed through out the day.

Desiree
Director of Housekeeping

Culinary Department

Shawn in the culinary department is no longer with us. We are working diligently to find the culinary director you deserve.

Landmark Staff

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