

Hi Neighbors,
Just a friendly reminder that the bulletin boards on the first and third floors, along with the elevator signs, are meant to share community updates and events. Please don't take down any signs—even if an event has already passed. I go through and update everything about once a month.
It's a bit disheartening to see signs go missing or get damaged, especially since they help keep everyone in the loop and connected. Thanks so much for helping take care of our shared spaces!

Marcy and Ramona have generously added beautiful new plants to the round planters in front of the building. These planters are being carefully maintained, so we kindly ask that staff and residents refrain from watering them. Additionally, Janet M. has been diligently deadheading the flowers in the rectangular planters, helping them stay vibrant and full of life.
If you see these thoughtful neighbors, please take a moment to thank them and let them know how much their efforts are appreciated. Their care truly makes our community more beautiful!

Walking Challenge on Saturdays! We will be doing a friendly walking competition where you can check out step counters from the front desk and write down how many steps you did that day. A prize will be given to the winner at the end of the month.

There has been some confusion on the (L) on the calendar. The (L) on the calendar means the activity is outdoors, but we'll meet in the Lobby first to confirm the exact location or adjust for weather.

Got change? Landmark will be putting out a coin jar to help collect donation towards the Walk to End Alzheimer's. Let's see how much we can collect!

Jessey Marquez
Community Life Director

Special Events

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| <ul style="list-style-type: none">• 7/1 Spark: Grip Games Informational -CH 1PM• 7/2 Walmart Outing -L 12:45PM• 7/3 4th of July BBQ -Out Front 11:30AM• 7/4 4th of July Ice Cream Cart -S 12:30PM• 7/4 NO BINGO• 7/8 Horse Races -S 1PM• 7/8 Live Music: High Water Band -DR 3:30PM• 7/9 Hospice of the Midwest Informational -CH 1PM• 7/9 S'Mores Night -L 5:30PM• 7/10 Transportaion information: Lifespark Go -CH 1PM• 7/11 Men's Group: Bird House Making -S 3:30PM• 7/14-7/18 Walk to End Alzheimer's Coin Jar• 7/15 Spark Challenge Grip Games Begins! -CH 12:45PM• 7/26 Resident Council -CH 1PM• 7/16 Mark Irving and Ice Cream Social -CH 2:30PM• 7/17 Transportation Education: Metro Mobility -CH 1PM• 7/18 Music Ministries -CH 10AM | <ul style="list-style-type: none">• 7/23 Culinary Tasters -S 2:30PM• 7/24 Live Music: Johntourage -DR 1PM• 7/30 Cheesecake Social -S 1PM• 7/30 Coffee wth Cops -S 2PM |
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**All Outings on the calendar
require sign up beforehand.
Sign up sheets can be found
at front desk.**



Age Magnificently



Our Community Newsletter

Discover what's going on in our community.

Resident Birthdays

- Chris W. - 7/2
- Ray P. - 7/6
- Cinda H. - 7/9
- Joyce I. - 7/14
- Jan K. - 7/18
- Claudia K. - 7/22
- Tim S. - 7/29

Move in Anniversary

- Jackie G. - 8 Years
- Mary J. - 1 Year
- Pearl P. - 5 Years

Greetings to July! The sunniest days are finally here!

TV Channel Guides are still available; we still have them at the front desk! Jorge will be more than happy to assist you if yours is missing or if you need an additional one! Unfortunately, with the rain during the month of June. We were unable to get the windows washed. I am hopeful that July will grant us sunnier days so we can get the windows washed. Once all is confirmed, we'll be posting flyers so be on the lookout!

Ranya Abueid
Executive Director

Business Office

Hello July! It's officially my Birthday Month!

Rent statements were delivered on the 23rd of June. For those with a Power of Attorney (POA), copies were sent out to your family members on the 23rd of June as well. If you have not received your rent statement for the month of July. Please come to the front desk and ask for me, or Ranya. We'll also have additional copies at the front desk incase if you've lost your statement! For any billing information/questions, please do not hesitate to meet with us! We'll be more than happy to assist you!

Brendan Yang
Assistant Executive Director

Marketing Office



Contact Us Today!
David O'Brian
Marketing Director

If you have any cleaning needs please inform front desk immediately so we can make arrangements and address them. Our top Priority remains the health and safety of our residents.

Desiree
Director of Housekeeping

Maintenance Department

Due to summer being finally upon us, please be advised, if your apartment is getting stuffy and overly warm prop open your apartment doors along with adjusting your AC units. If there are any further concerns, please let Jorge know at the front desk, and he will put in a work order.

For any other concers, please do not stop me in the hall to notify me, let Jorge know at the front desk and he will put in a work order. This allows maintenance requests to be filled in a more streamline fashion.

Troy Sufka
Maintenance Depatment

Nursing Department

We talk a lot about the heat in the summer and the importance of increasing the amount of water you drink during the day. Along with increasing water intake it is important for you to use sunscreen, stay in the shade as much as possible and know the symptoms of getting too much sun. This month we focus on heat stroke and heat exhaustion. It is important with the summer heat to recognize symptoms Heat Exhaustion symptoms headache, heavy sweating, clammy skin, muscle cramps, weakness and fatigue.

Heat stroke symptoms are headache with nausea and vomiting, dizziness and even loss of consciousness, seizures, balance issues, confusion/agitation. HEAT STROKE is a MEDICAL EMERGENCY.

Notify nursing with questions pr concerns. Stay safe, stay hydrated, listen to your body, stay cool

Best Regards,
Becky Soule
Director of Nursing

Culinary Department

Starting in August Chef chat will be held in the Diningroom at 1PM on the 2nd anf 4th Wednesday. I am looking forward to our upcoming conversations together.

July 3rd lunch will be a BBQ to celebrate independance day. It will be held outside, but if you wish to eat inside we will accommidate.

Shawn Richardson
Culinary Director