



The Landmark
of Fridley
A Lifespark Community

Age Magnificently

Please notify housekeeping right away if you notice any unpleasant odors or messy areas. Housekeeping is here to keep our building clean, tidy and smelling fresh.

Desiree
Director of Housekeeping

Maintenance Department

Please take all maintenance requests to Front Desk, it will be put into our system and create a more effective and streamline way for repairs to be done in a timely matter.

Troy Sufka
Maintenance Department

Nursing Department

Happy June! As the flowers bloom and the sun starts to shine a little brighter, consider getting outside and enjoy the warm weather.

Some tips to stay safe during the summer:

- Stay hydrated.
- Apply sunscreen.
- Avoid getting out in high temperatures.
- Use insect repellent to protect yourself from insect bites.
- Keep your unit cool.

Edna Nyaribo
Director of Nursing

Chaplin

All nature sings, and 'round me rings the music of the spheres. -Maltbie D. Babcock (1901)
The summer months have come around again, the seasons changing as they do. Nature is a wise teacher for us about the rhythms of life. The seasons come and the seasons change, so it is for all of us. Many people around the world believe that connecting with nature can be a source of spiritual growth and healing. Spending time outside, whether soaking up some sun on a warm day or looking up into the night sky, can remind us that we are part of something big and beautiful and complex. Looking closely at a leaf or flower or even a single blade of grass can inspire our creativity or move us to compassion. This summer, can you make time to be outside in nature? Notice what you see, what you hear, and what it feels like to simply be who you are amid the beauty of creation. May you experience belonging in this world and awareness that you, too, are part of the beauty of the earth.



Our Community Newsletter

Discover what's going on in our community.

Resident Birthdays

- Lorraine S. -6/3
- Marie D. -6/5
- Arlette G. -6/17
- Jan J. -6/20
- Brian S. -6/25

Move in Anniversary

- Mary Ann S. -8 Years
- Joyce I. -8 Years
- Paul S. -7 Years
- Marge B. -2 Years
- Vera K. -2 Years
- Chirs W. -2 Years

Please Welcome

- Eugene R.

Hello to all of my beautiful and handsome residents! June is finally here!

I hope the new TV system is treating you well! If TV Channel Guides are needed, we have them at the front desk Jorge will be more than happy to assist you. The gutters were cleaned on the 22nd of May! With sunnier days coming ahead, window washing is right around the corner! We'll post flyers with a date once all is confirmed. Please let me know if you have any questions or concerns that I can assist with!

June will be a great month for all of us, and I can't wait to make more memories with you all!

Ranya Abueid
Executive Director

Business Office

Hello June! Let the Summer begin!


Rent statements were delivered on the 22nd of May. For those with a Power of Attorney (POA), copies were sent out to your family members on the 22nd of May as well. If you have not received your rent statement for the month of June, please come to the front desk and ask for me or Ranya. We'll have additional copies at the front desk incase you've lost your statement!

For any billing information/questions, please do not hesitate to meet with us! We'll be more than happy to assist you!

Brendan Yang
Assistant Executive Director

Marketing Office

Contact Us Today!
David O'Brian
Marketing Director



Caleb has made the decision to step down from Culinary Director to cook. Please welcome our new Culinary Director, Shawn! He comes to us with a ton of experience and excitment.

There is a Chef Chat scheduled for Wednesday, 6/11 at 1PM in the Chapel. This is your opportunity to bring any concerns to our new chef. Looking forward to hearing from all of you!

Dietary Team

Community Life

A lot on the books for June!

A friendly reminder that ALL outdoor activities and events are weather dependant. If there is an outdoor activity and the weather is not condisive. it will be moved inside. Fliers will be posted throughout the building noting the change as soon as the change is made.

Any questions or suggestions please feel free to reach out!
Jessey Marquez
Community Life Director

All Outings on the calendar require sign up beforehand. Sign up sheets can be found at front desk.

Special Events

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| • 6/4 Sing Along with Jan 3PM -MC | • 6/24 Paint and Sip 1PM -DR |
| • 6/5 Lifelong Learning Event 2PM -PD | • 6/25 Tie Dye 1PM -S |
| • 6/9 Outing: Dollar Store 1:45PM | • 6/25 Lifespark: Myths of Hospice 6PM -CH |
| • 6/10 S'mores Night 5:30PM -L | • 6/26 Outing: Compass Child Care 9:30AM |
| • 6/11 Chef Chat 1PM -CH | • 6/26 Birthday Party 3PM -S |
| • 6/13 Fatherly BINGO 2PM -CH | • 6/27 Snacks with Fridley Fire 3:30PM -S |
| • 6/13 Friday the 13th Tattoo Booth 3PM -DR | |
| • 6/15 Father's Day | |
| • 6/16 Live Music: Fridley City Band 6:30PM -PA | |
| • 6/17 Fatherly Fishing 3PM -DR | |
| • 6/18 Resident Council 1PM- CH | |
| • 6/18 Jam Hops Recital 3:30PM -DR | |
| • 6/19 Outing: Big Dipper 12:45PM | |
| • 6/20 St. Croix Putt Putt 1PM -S | |