#### Maintenance Department

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Window Washing will be here the first two weeks of April. They will be doing the inside and ouside so we will need access to your rooms. Exact dates to come.

Troy Sufka Maintenance Depatment

### Nursing Department

Please Welcome our new Director of nursing, Edna Nyaribo. We are looking forward to having her here at Landmark.

Becky Soule Assistant Director of Nursing

### Remembering our Neighbors



Paula F.

Though they are no longer with us, those we have lost never truly leave. Their friendship and memory stays with us.

### Chaplin

But I also say this: that light is an invitation to happiness, and that happiness, when it's done right, is a kind of holiness, palpable and redemptive. -Mary Oliver

What was the happiest day of your life? What made it a happy day? Were you alone, or were othersthere? According to Psychology Today, reminiscing with others can make you happier in themoment. Studies show that thinking about happy memories can interrupt negative thoughts andboost our sense of satisfaction. Making time to remember and share stories about our happiestdays can have a significant impact on our overall happiness today and can even help us to bounceback when we face inevitable challenges. Reminiscing is good for the spirit and choosing to shareand receive stories of happiness together is one way of experiencing holiness and healing. Thismonth, try making time each day to share a happy story with someone, and see what happens!



## Age Magnificently



### Our Community Newsletter

Discover what's going on in our community.

# Move in Anniversary

Shirley E. 1 Year Joel K. 2 Years

Mary Jo K. 2 Years

Pattie K. 3 Years

Karen M. 1 Year

### **Resident Birthdays**

*Marie R. 4/6* 

*Elvera K. 4/12* 

Peter A. 4/25

Mary S. 4/27

Hope you are all enjoying your new channels and your new T.V network. If you are having any issues please contact the front office.

I would like to announce that we will be recieving new vending machines soon!

As always I look forwad to our chats on Friday's "Coffee With Ranya". However, I am always available for questions and concerns.

Ranya Abueid Executive Director

### Business Office

Statements are sent out monthly. If you have not recieved your statement please refer to your POA. If there are still any concerns please reach out to the front office.



Brendan Yang
Assistant Executive Director

### Marketing Office

Please welcome your new neighbors Dan H. and Pat P.



David O'Brien Marketing Director Recycling services are offered at Landmark, if you would like to participate in recycling please utilize the blue bins in your room by seperating the recycling products from garbage. Housekeeping will make sure it gets disposed of properly.

Desiree
Director of Housekeeping

### Community Life

Keep an eye on the calendar for a few time changes on activities and a couple new activities beginning this month.

Puzzle club will be on Wednesdays at 4PM.

Flo and Cinda will be leading a Bible study on Thursday's in Sandee's at 2PM.

Landmark will be hosting an Easter Egg hunt all day throughout the community 4/14 - 4/18.

Our very own Jan will be performing on 4/13 "Easter in Song" in the dining room at 3PM

All Outings on the calendar require sign up beforehand.
Sign up sheets can be found at front desk.

Jessey Marquez
Community Life Director

### **Special Events**

- •4/1 @1PM Spark Challenge informational
- •4/3 @2PM Life Long Learning Event
- •4/4 @12:30PM Outing to Cafesjian Art Museum
- •4/13 @3PM Easter in Song with Jan
- •4/14 4/18 All Day Easter Egg Hunt
- •4/23 Resident Council
- 4/23 @2PM Live Music: Weber St John (Violinist and Pianist)
- •4/29 @2:30PM Seeding our Gardens