## December 2024 - Assisted Living

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 SP Devotions [WR] 1 10:30 PH Exercise [WR] 2:00 SO Bingo Hosted by Patty [DR] 3:00 SP Treat from the Kitchen [DR]	10:15 SP Devotions 2 [WR] 10:30 PH Exercise [WR] 1:00 N Education:Apollo/Why we went to the moon [CH]	10:15 SP Devotions [WR]  10:30 PH Exercise [WR]  10:30 SP Journeying [CH]  1:00 N Spark Challange [WR]  2:30 SP Church Service with Chaplin Kent [CH]  4:00 PH Light Stretching [WR]	10:15 Perotions [WR] 4 10:30 Per Exercise [WR] 2:00 Resident Council [CH]	10:15 SP Devotions [WR]  10:30 PH Exercise [WR]  2:00 SN Walmart outing*sign up required  3:00 SO Social hour [SA]  4:00 PH Light Stretching [WR]	10:15 SP Devotions [WR] 6 10:30 PH Exercise [WR] 1:00 N Really Big Show (DR) 2:00 N Bingo [DR] 5:30 SP Movie Night (CH)	10:15 SP Devotions [WR] 7 10:30 PH Exercise [WR] 1:30 N Pick a Game (SA) 3:00 SP Coco and cookies [DR]
10:15 SP Devotions [WR] 8 10:30 PH Exercise [WR] 2:00 SO Bingo Hosted by Patty [DR] 3:00 SP Treat from the Kitchen [DR] 3:00 SP Coco and cookies [DR]	10:15 SP Devotions [WR] 9 10:30 PH Exercise [WR] 1:00 EM Manicures (SA) 1:30 VO Women's Social hour [SR]	9:00 Fire Drill 10 10:15 SP Devotions [WR] 10:30 PH Exercise [WR] 10:30 SP Journeying [CH] 1:00 N Spark Challange Final Four [WR] 4:00 PH Light Stretching [WR]	10:15 SP Devotions [WR]  10:30 PH Exercise [WR]  1:00 SM Christmas Movie [CH]  2:00 N Target outing*sign up required	10:15 SP Devotions [WR]  10:30 PH Exercise [WR]  1:00 VO Spark Challange Championship [SA]  2:00 SP Tim Patrick Live [DR]  3:00 SO Social hour [SA]  4:00 PH Light Stretching [WR]  5:45 Christmas Lights outing *sign up required	10:15 SP Devotions [WR] 13 10:30 PH Exercise [WR] 1:00 IN Really Big Show (DR) 2:00 IN Bingo [DR] 5:30 SP Movie Night (CH)	10:15 SP Devotions [WR] 10:30 PH Exercise [WR] 1:30 N Pick a Game (SA) 3:00 SP Coco and cookies [DR]
10:15 SP Devotions [WR] 10:30 PH Exercise [WR] 2:00 SO Bingo Hosted by Patty [DR] 3:00 SP Treat from the Kitchen [DR]	10:15 SP Devotions [WR] 10:30 PH Exercise [WR] 1:00 M Manicures (SA) 2:00 M Bingo/Birthday Celebration	10:15 SP Devotions [WR] 10:30 PH Exercise [WR] 10:30 SP Journeying [CH] 1:00 N Spark Challange [WR] 2:30 SP Church Service with Chaplin Kent [CH] 4:00 PH Light Stretching [WR]	10:15 P Devotions [WR]  10:30 PH Exercise [WR]  2:00 PH Exercise [WR]  2:00 PH Exercise [WR]  2:00 PH Exercise [WR]  2:00 PH Exercise [WR]  3:00 PH Exercise [WR]  3:00 PH Exercise [WR]  3:00 PH Exercise [WR]  3:00 PH Exercise [WR]	10:15 SP Devotions [WR] 10:30 PH Exercise [WR] 1:00 The Spirit of Christmas Live Show [DR] 3:00 SO Social hour [SA] 4:00 PH Light Stretching [WR]	10:00 Musical Ministries (CH) 10:15 P Devotions [WR] 10:30 Exercise [WR] 1:00 Christmas Party [DR]	10:15 SP Devotions [WR] 10:30 PH Exercise [WR] 1:30 N Pick a Game (SA) 3:00 SP Coco and cookies [DR]
10:15 SP Devotions [WR]  10:30 PH Exercise [WR]  2:00 SO Bingo Hosted by Patty [DR]  3:00 SP Treat from the Kitchen [DR]	10:15 SP Devotions [WR] 10:30 PH Exercise [WR] 1:00 SP John Tourage Live Christmas Music [DR] 2:00 Manicures (SA)	Christmas Eve 24  10:15 SP Devotions [WR]  10:30 PH Exercise [WR]  10:30 SP Journeying [CH]	Christmas Day 25 10:15 SP Devotions [WR] 10:30 PH Exercise [WR]	10:15 SP Devotions [WR] 26 10:30 PH Exercise [WR] 3:00 SO Social hour [SA] 4:00 PH Light Stretching [WR]	10:15 SP Devotions [WR] 27 10:30 PH Exercise [WR] 1:00 N Really Big Show (DR) 2:00 N Bingo [DR] 5:30 SP Movie Night (CH)	10:15 Devotions [WR]  10:30 PH Exercise [WR]  1:30 N Pick a Game (SA)  3:00 PD Coco and cookies [DR]

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10:15 P Devotions [WR]  10:30 PH Exercise [WR]  2:00 PH Exercise [WR]  2:00 PH Exercise [WR]  3:00 PH Exercise [WR]  3:00 PH Exercise [WR]  3:00 PH Exercise [WR]  3:00 PH Exercise [WR]	10:15 SP Devotions [WR] 10:30 PH Exercise [WR] 1:00 EM Manicures (SA) 1:30 VO Women's Social hour [SR] 3:00 VO Peanut Blossoms Making	New Year's Eve 31  10:15 SP Devotions [WR]  10:30 PH Exercise [WR]  10:30 SP Journeying [CH]  1:00 Mew Years Party [DR]  2:30 SP Church Service with Chaplin Kent [CH]	The Landmark of Fridley A Lifespark Community	EM Emotional EN Enviromental IN Intellectual PH Physical VO Vocational SO Social SP Spiritual HO Holiday	CH Chapel DR Dining Room WR Wellness Room	