November 2024 - Assisted Living

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Landmark of Fridley A Lifespark Community	CH Chapel DR Dining room MR Mississippi Room SA Sandee's Room WR Wellness Room	Happy Birthday to 11/5 Luella Freund 11/10 Patricia Klimek 11/23 Marlen "Mike" Miller 11/24 Claudia Kulhanek			10:15 Devotions [WR] 1 10:30 Exercise [WR] 1:00 Really Big Show (DR) 2:00 Bingo [DR] 5:30 Movie Night (CH)	10:00 Landmark Singers! (CH) 10:15 Devotions [WR] 10:30 Exercise [WR] 1:30 Pick a Game (SA) 3:00 Treat from the Kitchen [DR]
10:15 Devotions [WR] 3 10:30 Exercise [WR] 2:00 Bingo Hosted by Patty [DR] 3:00 Treat from the Kitchen [DR]	10:15 Devotions [WR] 4 10:30 Exercise [WR] 1:00 Manicures (SA) 1:30 Women's Social hour [SR]	Election Day 5 10:15 Devotions [WR] 10:30 Exercise [WR] 10:30 Journeying [CH] 1:00 Spark Challange [WR] 2:30 Church Service with Chaplin Kent [CH] 4:00 Light Stretching [WR]	10:15 Devotions [WR] 6 10:30 Exercise [WR] 1:00 Spark Challange (WR) 2:00 Dollar Store outing *sign up required 3:00 Trivia [SA]	10:15 Devotions [WR] 7 10:30 Exercise [WR] 1:00 Resident council (CH) 3:00 Social hour [SA] 4:00 Light Stretching [WR]	10:15 Devotions [WR] 8 10:30 Exercise [WR] 1:00 Really Big Show (DR) 2:00 Bingo [DR] 5:30 Movie Night (CH)	10:00 Landmark Singers! 9 (CH) 10:15 Devotions [WR] 10:30 Exercise [WR] 1:30 Pick a Game (SA) 3:00 Treat from the Kitchen [DR]
10:15 Devotions [WR] 10 10:30 Exercise [WR] 2:00 Bingo Hosted by Patty [DR] 3:00 Treat from the Kitchen [DR]	Veterans Day 11 10:15 Devotions [WR] 10:30 Exercise [WR] 1:00 Education [CH] 2:00 Veteran Celebration [SA]	10:15 Devotions [WR] 12 10:30 Exercise [WR] 10:30 Journeying [CH] 1:00 Chef Chat [DR] 1:00 Spark Challange [WR] 4:00 Light Stretching [WR]	10:15 Devotions [WR] 13 10:30 Exercise [WR] 1:00 Walmart outing *sign up required 1:00 Spark Challange (WR) 3:00 Welcome Party [SA]	10:15 Devotions [WR] 14 10:30 Exercise [WR] 1:00 Birthday Party/Live Music *Johntourage [DR] 3:00 Social hour [SA] 4:00 Light Stretching [WR]	10:00 Musical Ministries (CH) 10:15 Devotions [WR] 10:30 Exercise [WR] 1:00 Really Big Show (DR) 2:00 Bingo [DR] 5:30 Movie Night (CH)	10:00 Landmark Singers! (CH) 10:15 Devotions [WR] 10:30 Exercise [WR] 1:30 Pick a Game (SA) 3:00 Treat from the Kitchen [DR]
10:15 Devotions [WR] 17 10:30 Exercise [WR] 2:00 Bingo Hosted by Patty [DR] 3:00 Treat from the Kitchen [DR]	10:15 Devotions [WR] 18 10:30 Exercise [WR] 1:00 Manicures (SA) 1:30 Women's Social hour [SR]	10:15 Devotions [WR] 19 10:30 Exercise [WR] 10:30 Journeying [CH] 1:00 Spark Challange [WR] 2:00 Live Music*Graceful Minds [LC] 2:30 Church Service with Chaplin Kent [CH] 4:00 Light Stretching [WR]	10:15 Devotions [WR] 20 10:30 Exercise [WR] 1:00 Spark Challange (WR) 2:00 Target outing *sign up required 3:00 Horse Race [SA]	10:15 Devotions [WR] 21 10:30 Exercise [WR] 1:00 Men's Group [SA] 3:00 Social hour [SA] 4:00 Light Stretching [WR]	10:15 Devotions [WR] 22 10:30 Exercise [WR] 1:00 Really Big Show (DR) 2:00 Bingo [DR] 5:30 Movie Night (CH)	10:00 Landmark Singers! 23 (CH) 10:15 Devotions [WR] 10:30 Exercise [WR] 1:30 Pick a Game (SA) 3:00 Treat from the Kitchen [DR]
10:15 Devotions [WR] 24 10:30 Exercise [WR] 2:00 Bingo Hosted by Patty [DR] 3:00 Treat from the Kitchen [DR]	10:15 Devotions [WR] 25 10:30 Exercise [WR] 1:00 Manicures (SA) 1:30 Women's Social hour [SR]	10:15 Devotions [WR] 26 10:30 Exercise [WR] 10:30 Journeying [CH] 1:00 Spark Challange [WR] 4:00 Light Stretching [WR]	10:15 Devotions [WR] 27 10:30 Exercise [WR] 1:00 Spark Challange (WR) 3:00 Pie Social [SA]	Thanksgiving Day 28 10:15 Devotions [WR] 10:30 Exercise [WR]	Day after Thanksgiving 29 Day 10:15 Devotions [WR] 10:30 Exercise [WR] 1:00 Really Big Show (DR) 2:00 Bingo [DR] 5:30 Movie Night (CH)	10:00 Landmark Singers! 30 (CH) 10:15 Devotions [WR] 10:30 Exercise [WR] 1:30 Pick a Game (SA) 3:00 Treat from the Kitchen [DR]