



**David, Helena, Marissa, Shelby, Jill Jen, Scott**



**Community Life**

**Up Coming Events**



Marge, Maggie, Diane, Josie and Patty

**Monthly Tea Party**

- 4/3 Resident council**
- 4/10 Pie Social**
- 4/18 Tea Party**
- 4/22 Earth Day**
- 4/24 Birthday Party**



NFRL 2024

*Tuesdays*

Scrimmage Week	4/16
Week 1	4/23
Week 2	4/30
Week 3	5/7
Week 4	5/14
Week 5	5/21
Week 6	5/28
Week 7	6/4
Final Four	6/11
World Championship	6/14



**Landmark Legacy  
Court**



**Bob and Jim**



**Joyce and Son**

## **Nursing Department**

On 3/20/2024, the Fridley Fire Department presented on fall prevention. Here are some tips to reduce and prevent falls:

- Ensure proper footwear (ex: gripper socks, hard sole shoes).
- Remove any rugs in your apartment.
- Make sure pathways are well lit (get a nightlight for the nighttime).
- Remove clutter from pathways.
- Use your assistive device (ex: walker, cane, wheelchair)
- Wait for help from our lovely HHA's.

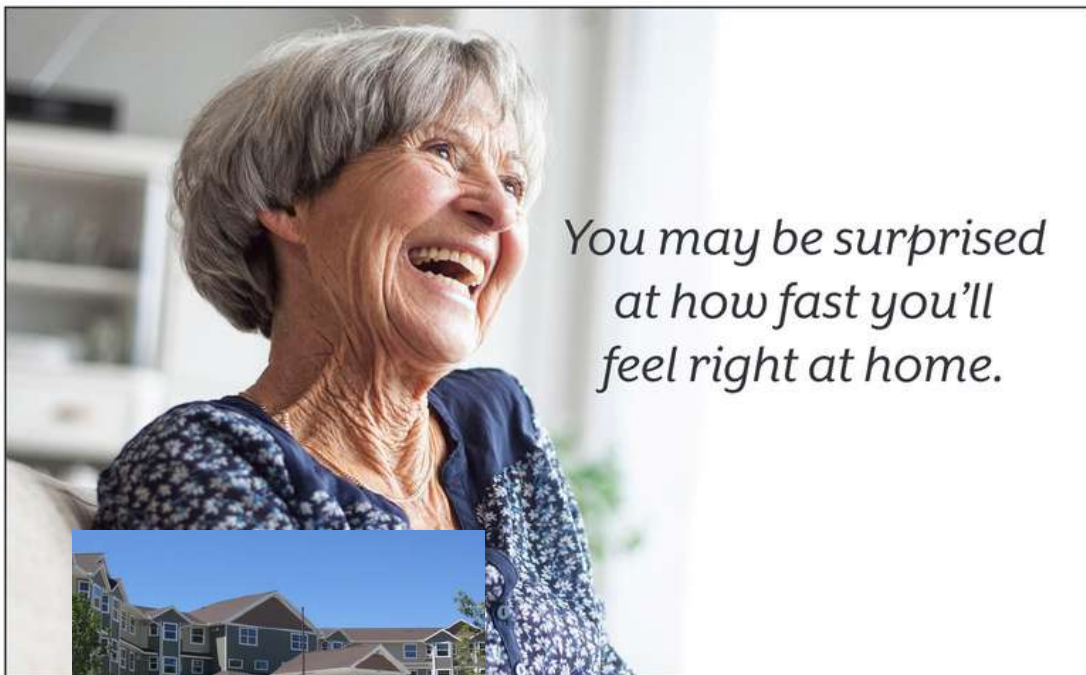
Reminder that our pendants are used for emergencies only (such as a fall). If you have any questions please contact Marissa ADHS, or Emily LPN.

## **Culinary Department**



We will be having Honey Ham, Sweet Potato Casserole and Green Bean Almondine with Strawberry Pound cake for dessert. Also, we will be starting spring/summer menu around May 1st. We will be starting grill season around the same time, weather permitting.

Scott Borchardt  
Landmark of Fridley  
Culinary Manager

# Marketing



*You may be surprised  
at how fast you'll  
feel right at home.*



**The Landmark  
of Fridley**  
A Lifespark Community

**Pick your Neighbor– Refer a Friend!**  
**If your friend moves in...**

You get \$1,000 off one month's rent, and they receive \$500 off their first month's rent.  
Call David for details (763) -571-7355

**Age Magnificently**

6490 Central Ave NE Fridley, MN 55432

**Independent | Assisted | Memory Care**